

## MAJOR NEWS / NEWYDDION MAWR

### AUTUMN TERM / TYMOR YR HYDREF

<b>Start / Dechrau:</b>	<b>Wednesday 4th September 2024 / Dydd Mercher Medi 4 2024</b>
<b>Half Term / Hanner Tymor:</b>	<b>Monday 28 October 2024 – Friday 1 November 2024/ Dydd Llun Hydref 28 2024 – Dydd Gwener Tachwedd 1 2024</b>
<b>End / Diwedd:</b>	<b>Friday 20 December 2024 / Dydd Gwener Rhagfyr 20 2024</b>

Week Beginning – Monday 9th Sep 2024 / *Dydd Llun Medi 9 2024*

**Week 2 / Wythnos 2**

### Message from the Headteacher

Welcome to the first edition of the year of Major News. Our first full week back in school has been extremely positive and it has been a delight to witness our pupils' hard work, resilience, and enthusiasm both in lessons and around the school.

As you are all aware, we have changed the timing of our school day this year and reverted back to a single break and lunchtime. There have been additional tills installed in the canteen to accommodate this and service is running really smoothly. Moving tutor time to the beginning of the school day has also had a really positive impact, as all pupils have the opportunity to touch base with their form tutor as their trusted adult being moving to lesson 1.

Whilst punctuality in the mornings has generally been really pleasing, there are still a number of pupils regularly arriving late to school as they are going to the village to visit the shops before school starts. I would very much appreciate you discussing the importance of punctuality to school and to lessons throughout the school day with your child/children this weekend.

Mr Francis sent you a communication last week regarding our revised rewards and sanction system. This is based around our three core school values of ambition, respect and kindness, which were agreed after extensive consultation with parents, pupils, staff and governors. We are extremely keen to work in partnership with all parents/carers and therefore request that you check Class Charts daily so you can keep track of your child's positive and negative points, praise them for their plus points and discuss any negatives awarded for poor behaviour/choices. If you are experiencing any issues accessing ClassCharts please contact the school and we will be able to assist you. Pupils are rewarded at the start of each week for 100% attendance the week before and a positive behaviour record in the previous week. Please discuss your child's conduct scores with them each weekend.

Could I also please reiterate the key messages outlined in the next item in this newsletter regarding attendance. It is a key priority for us here at Llantwit Major School to ensure as high an attendance figure as possible. Please be advised we will not be authorising any holidays in term time and that our individual attendance target for pupils is 100%. Pupils with an attendance target of 90% miss half a day of school per fortnight, a month of school per year and half a year of school during the five years of compulsory schooling. For pupils to attain their potential they need to be in school and in lessons learning, so I would very much appreciate parents/carers working with us to ensure excellent levels of attendance for all pupils.

If your child is experiencing any issues or concerns which are preventing them from attending school, early intervention is key. Contact details for all Progress Teams are included later in the newsletter- please make contact with the relevant staff so we can discuss how we may support your child in returning to school.

Parents of Year 10 and Year 11 pupils should have received a communication yesterday regarding our Year 10 and Year 11 Parents' Information Evenings. The Year 10 evening takes place next week, on the 18<sup>th</sup> September at 6pm and the Year 11 evening is the week after, 25<sup>th</sup> September at 6pm. The session will provide really important information regarding public examinations, key dates, expectations and the help and support available for your child. I would therefore urge all parents to attend.

As ever, many thanks for your continued support and I trust you enjoy a relaxing weekend.

**Mrs C L Robins**

Headteacher/Pennaeth

Llantwit Major School/ Ysgol Llanilltud Fawr

## Attendance = Achievement

As parents with a child / children in our school, we are asking for your support in improving whole school attendance and punctuality.

**The problem** - Since returning following COVID attendance in Wales' schools has been lower than pre-pandemic levels. To ensure future success for our children it is essential that we build back up to our school's previous positive attendance rates. The impact upon children's education through lost learning is huge. It is vital that we make every school minute count, Attendance = Achievement!

We urge you to ensure that your child is in school, and on time every day, to prevent them falling behind with their learning. Persistent cases where poor attendance and punctuality do not improve is considered neglect. Government departments track school attendance figures and **an attendance of 90% or below is considered persistent absence**. Failing to improve on this 90% can lead to prosecution, so we will continue to work tirelessly with you to help avoid this.

**What can you do as a parent/carer-** There are things you can do to improve your child's attendance and avoid falling into the persistent absence category:

1. Talk to your child about the importance of them being in school and let them know how important you feel it is.
2. Children are prone to coughs and colds. Please send them to school if they are experiencing mild symptoms.
3. Do not take any holidays during term times – we will not authorise them.
4. Keep up to date with what % attendance your child has so that you know if they are at risk of persistent absence. You can view this information on ClassCharts.
5. Speak to your child's form tutor or pastoral team if you have any concerns, contact details are provided later in this newsletter.

We want to help families get their children to school every day and on time. Here are some things you can try:

- Help your child get everything they need for school ready the night before.
- Ensure that your child goes to bed at a reasonable time, so they are not too tired to get up in the morning.
- Ensure your child has a good night's sleep by minimising their use of devices at bedtime. Establish a 'technology curfew' time and take devices off them if necessary.
- Set an alarm to allow plenty of time for your morning routine in getting your child to school on time.

Punctuality is also highly important. Pupils who arrive late to school are not only losing learning but also disrupting the learning of others as they arrive late for lessons.

Pupils do not like being late into school and lessons and are therefore difficult to get into class when they arrive late, being on time prevents this.



## Safeguarding



# Safeguarding & Child Protection Team



**Miss H Toms**  
Designated  
Safeguarding Person

**Mrs C Robins**  
Deputy Designated  
Safeguarding Person

**Mr K Francis**  
Deputy Designated  
Safeguarding Person

**Miss J Knight**  
Year 10 Progress  
Leader

**Mr R Jones**  
Director of Sixth Form

**Mr D Tomsa**  
Behaviour &  
Wellbeing Manager

If you have any safeguarding concerns you wish to discuss with the school, you can contact your child's progress leader via the email links below. Alternatively, you can complete a Parent Safeguarding Reporting Form by clicking the following link:

<https://form.thesafeguardingcompany.com/5d3ec66a-3d3e-4e19-bbc8-325564c90cd8>

If, at any point, you believe there to be risk of **immediate serious harm** to a child in your community and you are unable to seek advice from the school you can contact the police or child social services directly:

*Vale of Glamorgan Child Social Services: 01446 725 202*

*Cardiff Child Social Services: 029 2053 6490*

*Bridgend Child Social Services: 01656 642320*

*South Wales Police: 999 Emergency or 101 Non Emergency*

### Year Group Staff & Contact Information

Y7 Progress Leader – Miss R Jefferies

Y7 Wellbeing Officer – Mrs S Cox

[Year7ProgTeam@llantwitschool.org.uk](mailto:Year7ProgTeam@llantwitschool.org.uk)

Y8 Progress Leader – Mr R Nunes

Y8 Wellbeing Officer – Miss L Evans

[Year8ProgTeam@llantwitschool.org.uk](mailto:Year8ProgTeam@llantwitschool.org.uk)

Y9 Progress Leader – Miss K Donaldson

Y9 Wellbeing Officer – Mrs C Miles

[Year9ProgTeam@llantwitschool.org.uk](mailto:Year9ProgTeam@llantwitschool.org.uk)

Y10 Progress Leader – Miss J Knight

Y10 Wellbeing Officer – Mr G Hall

[Year10ProgTeam@llantwitschool.org.uk](mailto:Year10ProgTeam@llantwitschool.org.uk)

Y11 Progress Leader – Mr K Francis

Y11 Wellbeing Officer – Miss N Denscombe

[Year11ProgTeam@llantwitschool.org.uk](mailto:Year11ProgTeam@llantwitschool.org.uk)

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# ONLINE CONTENT

## 10 tips to keep your children safe online

The internet has transformed the ability to access content. Many apps that children use are dependent on user-generated content which can encourage freedom of expression, imagination and creativity. However, due to the sheer volume uploaded every day, it can be difficult for platforms to regulate and moderate everything, which means that disturbing or distressing images, videos or audio clips can slip through the net. That's why we've created this guide to provide parents and carers with some useful tips on keeping children safe online.



### 1 MONITOR VIEWING HABITS

Whilst most apps have moderation tools, inappropriate content can still slip through the net.



### 2 CHECK ONLINE CONTENT

Understand what's being shared or what seems to be 'trending' at the moment.



### 3 CHECK AGE-RATINGS

Make sure they are old enough to use the app and meet the recommended age-limit.



### 4 CHANGE PRIVACY SETTINGS

Make accounts private and set content filters and parental controls where possible.



### 5 SPEND TIME ON THE APP

Get used to how apps work, what content is available and what your child likes to watch.



### 6 LET CHILDREN KNOW YOU'RE THERE

Ensure they know that there is support and advice available to them if they need it.



### 7 ENCOURAGE CRITICAL THINKING

Talk about what people might post online and why some posts could cause distress.



### 8 LEARN HOW TO REPORT & BLOCK

Always make sure that children know how to use the reporting tools on social media apps.



### 9 KEEP AN OPEN DIALOGUE

If a child sees distressing material online; listen to their concerns, empathise and offer reassurance.



### 10 SEEK FURTHER SUPPORT

If a child has been affected by something they've seen online, seek support from your school's safeguarding lead.

## **Safeguarding - Online Exploitation**

### **Information session for parents/carers of children aged 11-16 years around online criminal and sexual exploitation.**

Do you want to find out more about the current risks around online exploitation and how to safeguard your children?

With rapidly developing technology and increasing exposure of children and young people to online platforms/content, the risks around exploitation are heightened.

South Wales Police are offering engagement events for parents/carers via local secondary schools.

Date: 15/10/2024

Time: 6pm-7pm

Location: Microsoft Teams [Join the meeting now](#) Meeting ID: 352 076 035 226 Passcode: iqXerJ

Dial in by phone

[+44 29 2105 5422,,973538989#](#)

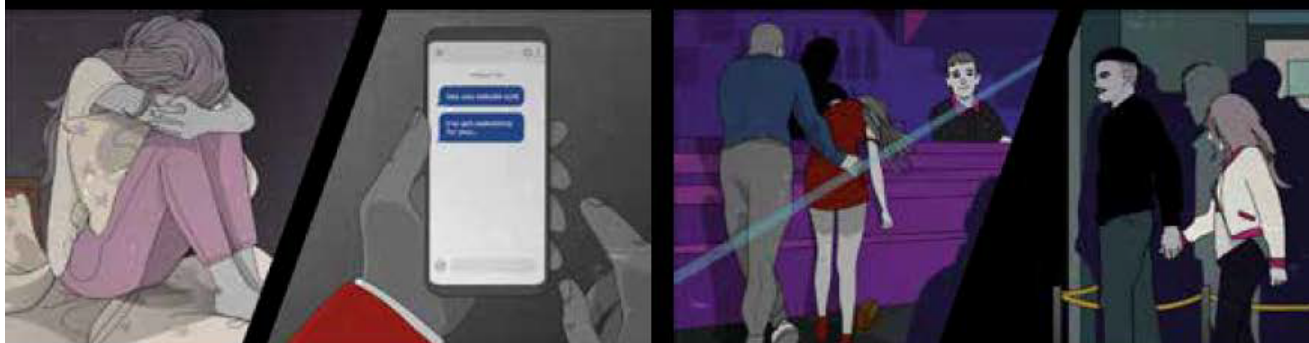
Phone conference ID: 973 538 989#

*If you are joining the meeting via phone and do not wish to download the Microsoft Teams app, please select the 'dial in' option.*

**Please note, these events are focused on parents/carers, and we ask that children do not attend.**

For online events, please keep your camera and microphone off – there will be a chat function for questions. Please be mindful of any information shared within the chat and do not include any identifiable personal information about individual children.

Please refer to the following poster for more information about the topics that will be covered.



# TACKLING EXPLOITATION

## Educating Protectors

- Inputs on what exploitation is;
- Current methods used by perpetrators;
- Signs to watch out for;
- How to safeguard children and what to do;
- Who to contact if you have concerns.

**#SAFEGUARDINGWALES**

**The  
Children's  
Society**



**HEDDLU  
DE CYMRU  
SOUTH WALES  
POLICE**

## **Behaviour & Wellbeing**



I would like to introduce myself as the newly appointed Behaviour and Wellbeing Manager for Llantwit Major School.

I will be supporting pupils with their wellbeing and managing behaviour. With Mr Pascoe's assistance I have re-launched the pupil running club. This occurs every Friday morning at 7.20am, a nice early start to set us all up for day!

I will also be leading the after-school pupil walking group.

This will start on Tuesday 17th September and run fortnightly, at 3.10pm, and the route will take us down to Llantwit beach and back

I believe that these groups will enhance resilience and benefit wellbeing. If your child is keen to join either group, please ask them to chat to me.

I plan to make every child's school experiences as enjoyable as possible. It has been a delight to meet Llantwit pupils and some parents / carers over the last fortnight and I look forward to working with you all to ensure the highest standards of wellbeing for our students here at Llantwit Major.

Mr D Tomsa

## **Maths Department**

### **LEGO Club**

The launch of our Lego club was extremely successful on Wednesday, with students from Year 7 to 11 working collaboratively with each other. There was a huge amount of creativity going on and everyone enjoyed themselves.

Students will be set various challenges on a weekly basis. This week was making a model using the step-by-step diagrams in the manuals provided to produce the expected model.

Next week's challenge will be to create a fidget spinner! There is also a Google Classroom code to upload your amazing creations! Log on to Lego Creators: yoycwpl.

**We are always in need of extra Lego so if you have any that you no longer need, we would be extremely grateful for your donation which can be dropped into the schools main reception.**





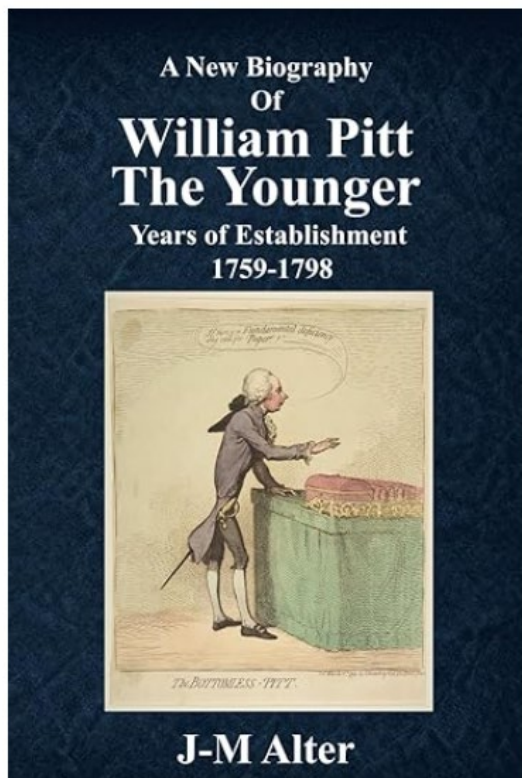
## **History Department**

At the end of the summer holidays a member of the History department published a book! Dr Alter finally finished his biography on the British Prime Minister, William Pitt.

According to Dr Alter, William Pitt was one of the greatest Prime Ministers Britain has ever had. The book took three years to complete and is the first of several volumes covering Pitt's life. Mr Crocker and Mr Bell are mentioned in the book as Dr Alter says they were of great help.

Dr Alter has promised to sign any copies of the book brought in to school. The book is available on Amazon.

Well done Dr Alter and we wish you all the very best!



## **English Department**

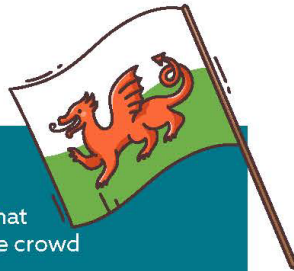
A-Level results day in August was a special day for the English Department as we were able to celebrate the fantastic results of our A Level English Literature students. In particular, Menna Wilson who achieved an A\*, securing her place to study English Literature at Magdalen College, Oxford University. Menna's exceptional talent for the subject is evident in the amazing exam results she achieved at both AS and A Level, being awarded full marks in four of the five units.

As a department, we were lucky to teach such passionate and dedicated students, with 100% of the A Level Literature class continuing their study of literature at university.

# Unlock your potential with Welsh



Gyrfa Cymru  
Careers Wales



## Why learn Welsh

- ▶ Being able to speak Welsh is a skill that will make your CV stand out from the crowd
- ▶ Being bilingual can give you more opportunities and can broaden your horizons
- ▶ Learning and speaking Welsh can help you explore and engage with your local community

## Did you know?

- ▶ The Welsh Government has set a target of a million Welsh speakers by 2050.
- ▶ As a result, some jobs in Wales will ask for Welsh as an 'essential' or 'desirable' skill.

**86%** of the population in Wales feel that the Welsh language is something to be proud of (source: Y Cynnig Cymraeg)

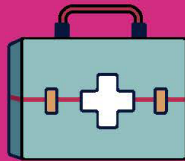
**94%** of Welsh speakers feel that providing Welsh language service helps a company make a good impression (source: Y Cynnig Cymraeg)



## Sectors with the most Welsh speakers

In Health and Social Work

**16.5%** are Welsh speakers



In Education

**15.5%** of the workers are Welsh speakers



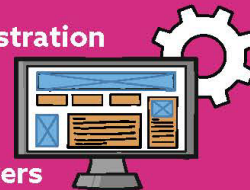
In wholesale, retail and motor Industry

**11.6%** are Welsh speakers



In public administration and defence

**11%** are Welsh speakers



(source: Welsh language by population characteristics (Census 2021) | GOV.WALES)



Find out more about the Welsh language and different ways to learn: [Learn Welsh](#) | [Careers Wales \(gov.wales\)](#)



0800 028 48 44



post@careerswales.gov.wales



careerswales.gov.wales




Webchat



## Sports

### A week in sport

#### New Extra-curricular timetable



<i>PE Extra-Curricular Timetable</i>					
<i>Week 1/Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Before School (7:30am)</i>					<i>Run Club Mr Tomsa Mr Pascoe</i>
<i>Week 1 Lunchtime 1:10 - 1:55pm</i>		<i>Badminton Miss Bowen</i>	<i>Basketball Mr Nunes</i>		
<i>Week 2 Lunchtime 1:10 - 1:55pm</i>		<i>Badminton Miss Bowen</i>	<i>Basketball Mr Crocker</i>		
<i>After School 3:00pm – 4:00pm</i>	<i>Rugby Mr Crocker Mr Nunes</i>  <i>Netball Miss Bowen</i>	<i>Fixture Day</i>	<i>Gymnastics Miss Bowen</i>  <i>Football Mr Crocker Mr Nunes</i>  <i>Skateboarding Club 5x60</i>	<i>Fixture Day</i>	

#### Upcoming Fixtures:

*Monday the 16<sup>th</sup> Year 10 will be playing St Richard Gwyn away in the CVSFA cup.*

*Tuesday the 17<sup>th</sup> year 9 football will be playing Bishop of Llandaff away in the Welsh cup.*

*Tuesday the 17<sup>th</sup> year 8 will be playing Mary Immaculate at home in the CVSFA cup.*

*Wednesday the 18<sup>th</sup> year 7 will be playing their first game of rugby against St Cyres away.*

*Thursday the 19<sup>th</sup> Year 10 will be playing Plasmawr away in the Welsh cup.*

*Thursday the 19<sup>th</sup> Year 9 will be playing Whitmore at home in rugby.*




**5x60 Beginner  
Skateboarding  
Sessions**

Sessions start on  
**Wednesday 18th September**  
3pm-4:30pm for 4 weeks

**Meet Outside PE**

Please wear appropriate PE kit and  
please bring a coat just incase of rain!

Parents/Carers must book their child  
via:  
<https://shorturl.at/a2FPy>  
as spaces are limited!

**SKATEBOARD ACADEMY UK**

## Extra-curricular Rugby

It was great to see so many returning pupils and new Year 7 pupils attending rugby club on Monday. 🍌 A reminder rugby club runs every Monday 3-4pm!

Year 7 have an away game next Wednesday against St Cyres School, if you would like to play please attend on Monday. [#teamlantwit](#)



Well done to year 9 pupil Nancy Thomas who competed at the Welsh Gymnastics Trampoline Championships yesterday in Cardiff Met University. For the second year running Nancy qualified as The TRA Welsh Champion 🏆 Well done from all of us here at Llantwit school. [#teamlantwit](#)

**DO YOU LOVE TO DANCE?**



**FANCY BECOMING A YOUNG LEADER?**

**HALF TERM TRAINING COURSE**

A Dance Leadership accredited course over 5 days for ages:  
12yrs+ Level 1 course, 13yrs+ Level 2 course

FOR MORE DETAILS CONTACT US:  
INFO@MOTIONCONTROLDANCE.COM  
MCD STUDIO, YMCA, COURT ROAD, BARRY, CF63 4EE

Cronfa Grant Cymunedau Strong Communities Grant Fund Leadership Skills Foundation

WWW.MOTIONCONTROLDANCE.COM

### **Performing arts**

All Performing Arts Clubs will recommence from Monday 16<sup>th</sup> September 2024.

This year's school show will be announced in Drama Club on Thursday 19<sup>th</sup> September along with all information regarding auditions and rehearsals. New and existing members welcome are always welcome. If cast in a leading role, principle rehearsals are held on Fridays 3:00pm-4:00pm.

Please note that Drama Club will now run on Thursday 3:00pm - 4:30pm.

### **Student Voice Matters**

As part of our commitment to ensuring our pupils voices are heard regarding school improvement, we are currently recruiting for our Student Council.

This year we are also launching a Diversity Council who will work with leaders to ensure a positive inclusive environment for all our learners.

Applications can be made via your child's pastoral google classroom. Applications close 9am 16<sup>th</sup> September.

**School Calendar – upcoming events**

Week Beginning – Monday 16 September 2024 / <b><i>Dydd Llun Medi 16 2024</i></b>		<b>Week 3 Wythnos 3</b>
Monday 16th September / <i>Dydd Llun Medi 16</i>		
Tuesday 17th September / <i>Dydd Mawrth Medi 17</i>		
Wednesday 18th September / <i>Dydd Mercher Medi 18</i>	<b>Y11 GSCE Geography Field Trip Y10 Open Evening – 6pm</b>	
Thursday 19th September / <i>Dydd Iau Medi 19</i>		
Friday 20th September / <i>Dydd Gwener Medi 20</i>		
Week Beginning – Monday 23 <sup>rd</sup> September 2024 / <b><i>Dydd Lun Medi 23 2023</i></b>		<b>Week 4 Wythnos 4</b>
Monday 23 <sup>rd</sup> September / <i>Dydd Llun Medi 23</i>		
Tuesday 24th September / <i>Dydd Mawrth Medi 24</i>		
Wednesday 25th September / <i>Dydd Mercher Medi 25</i>	<b>Y10+11 GSCE English Trip – Cheltenham Y11 Open Evening – 6pm</b>	
Thursday 26th September / <i>Dydd Iau Medi 26</i>	<b>European Day of Languages</b>	
Friday 27th September / <i>Dydd Gwener Medi 27</i>		

**Key Academic Dates 2024/2025**

**Autumn 2024:**

- **Start:** Wednesday 4<sup>th</sup> September 2024
- **Half term:** Monday 28<sup>th</sup> October 2024 to Friday 1<sup>st</sup> November 2024
- **End:** Friday 20<sup>th</sup> December 2024

**INSET Days:**

- **INSET Day 3:** Friday 25<sup>th</sup> October 2024
- **INSET Day 4:** Friday 6<sup>th</sup> December 2024

## **General Information**

### ***Contacting School***

Please refrain from telephoning the school, other than for urgent purposes.

Email is the preferred means of communication, and all the relevant email addresses are listed on the following page to allow you to directly contact either your child 'subject' department teacher or their progress teams.

For all general enquiries please email [llantwitmajorhs@valeofglamorgan.gov.uk](mailto:llantwitmajorhs@valeofglamorgan.gov.uk).

**Please be reminded that we operate an appointment only system for meetings with parents/carers and if you present at school requesting an immediate appointment, we will not be able to accommodate you.**

### ***Forgotten Items***

**We can no longer accept** the delivery of forgotten items such as PE kit, books, lunch boxes etc. during the school day. Please ensure your child arrives at school with the equipment needed for the day.

In the exceptional case where you do need to bring an item into school for your child, you will be asked to leave it with reception located in the school's main entrance. This is to reduce traffic on to the school site and ensure student safety during lesson transitions.

### ***Medication***

Please note we **do not** stock medication of any kind in school, including paracetamol, and we are not allowed to dispense medication without parental consent.

If your child receives prescribed medication a medical form, available from main Reception to be collected by your son/daughter, will be required to be completed and returned to Reception.

Should your child need medication throughout the school day please ensure they bring only what is needed for that day.

If your child is in receipt of free school meals and you would like to discuss any aspect of their school life, please contact Mrs L Pownall at [pownalll@llantwitschool.org.uk](mailto:pownalll@llantwitschool.org.uk)

**Primary Contact - email addresses**

<b>Progress Leader Team</b>	<b>Email Address</b>
Progress Leader Yr7	<a href="mailto:Year7ProgTeam@llantwitschool.org.uk">Year7ProgTeam@llantwitschool.org.uk</a>
Progress Leader Yr8	<a href="mailto:Year8ProgTeam@llantwitschool.org.uk">Year8ProgTeam@llantwitschool.org.uk</a>
Progress Leader Yr9	<a href="mailto:Year9ProgTeam@llantwitschool.org.uk">Year9ProgTeam@llantwitschool.org.uk</a>
Progress Leader Yr10	<a href="mailto:Year10ProgTeam@llantwitschool.org.uk">Year10ProgTeam@llantwitschool.org.uk</a>
Progress Leader Yr11	<a href="mailto:Year11ProgTeam@llantwitschool.org.uk">Year11ProgTeam@llantwitschool.org.uk</a>
Progress Leader 6th Form	<a href="mailto:Year1213ProgTeam@llantwitschool.org.uk">Year1213ProgTeam@llantwitschool.org.uk</a>

<b>Department</b>	<b>Email Address</b>
Additional Learning Needs Department	<a href="mailto:ALN@llantwitschool.org.uk">ALN@llantwitschool.org.uk</a>
Art Department	<a href="mailto:ArtDepartment@llantwitschool.org.uk">ArtDepartment@llantwitschool.org.uk</a>
Business/Careers Department	<a href="mailto:CareersDepartment@llantwitschool.org.uk">CareersDepartment@llantwitschool.org.uk</a>
Cymraeg Department	<a href="mailto:CymraegDepartment@llantwitschool.org.uk">CymraegDepartment@llantwitschool.org.uk</a>
D&T Department	<a href="mailto:DTDepartment@llantwitschool.org.uk">DTDepartment@llantwitschool.org.uk</a>
English Department	<a href="mailto:EnglishDepartment@llantwitschool.org.uk">EnglishDepartment@llantwitschool.org.uk</a>
Geography Department	<a href="mailto:GeogDepartment@llantwitschool.org.uk">GeogDepartment@llantwitschool.org.uk</a>
History Department	<a href="mailto:HistoryDepartment@llantwitschool.org.uk">HistoryDepartment@llantwitschool.org.uk</a>
Home Economics	<a href="mailto:HomeEcDepartment@llantwitschool.org.uk">HomeEcDepartment@llantwitschool.org.uk</a>
ICT Department	<a href="mailto:ICTDepartment@llantwitschool.org.uk">ICTDepartment@llantwitschool.org.uk</a>
Maths Department	<a href="mailto:MathsDepartment@llantwitschool.org.uk">MathsDepartment@llantwitschool.org.uk</a>
MFL Department	<a href="mailto:MFLDepartment@llantwitschool.org.uk">MFLDepartment@llantwitschool.org.uk</a>
PE Department	<a href="mailto:PEDepartment@llantwitschool.org.uk">PEDepartment@llantwitschool.org.uk</a>
Performing Arts Department	<a href="mailto:PerformingArtsDepartment@llantwitschool.org.uk">PerformingArtsDepartment@llantwitschool.org.uk</a>
RS Department	<a href="mailto:RSDepartment@llantwitschool.org.uk">RSDepartment@llantwitschool.org.uk</a>
Science Department	<a href="mailto:ScienceDepartment@llantwitschool.org.uk">ScienceDepartment@llantwitschool.org.uk</a>
Welsh Bacc Department	<a href="mailto:WelshBacc@llantwitschool.org.uk">WelshBacc@llantwitschool.org.uk</a>



## **Help and Support Information – outside of school**

### **Schools Essentials Grant/School Uniform**

Welsh Government have informed us that the School Essentials Grant remains open until 31<sup>st</sup> May 2025. Removing barriers to participating in education, including helping families with the cost of the school day, including school uniform, is so vital, especially in the current climate.

Registering as eligible for free school meals with your Local Authority unlocks access to the School Essentials Grant. It also means schools get more funding. With the introduction of free school meals for primary pupils, many parents/carers do not realise that schools will lose out unless they continue to register as eligible.

Please click on the link below for more information on both the grant and free school meals:

<https://www.gov.wales/get-help-school-costs>

### **Services and support that help with food costs. Information on food vouchers and food banks.**

Penarth food pod:

[https://www.valeofglamorgan.gov.uk/en/our\\_council/press\\_and\\_communications/latest\\_news/2022/March/New-Food-Pod-opens-in-Penarth.aspx](https://www.valeofglamorgan.gov.uk/en/our_council/press_and_communications/latest_news/2022/March/New-Food-Pod-opens-in-Penarth.aspx)

Vale Food Bank: <https://vale.foodbank.org.uk/get-help/foodbank-vouchers/#Vale%20foodbank>

Food Vale: <https://foodvale.org/where-can-i-get-support/>

How to get free or cheap food: <https://www.moneysavingexpert.com/shopping/how-to-get-free-or-cheap-food/>

### **Find information on grants and benefits available to you such as Council Tax Reduction.**

<https://www.valeofglamorgan.gov.uk/en/living/Cost-of-Living/Grants-and-benefits.aspx>

### **Get help with household and energy bills.**

<https://www.valeofglamorgan.gov.uk/en/living/Cost-of-Living/Household-and-energy-bills.aspx>